LIST OF INDOOR ACTIVITIES FOR CHILDREN
Compiled by CT FEAT Parents (2014)

Parents share their ideas for how to keep children occupied during snow days or other prolonged "indoor" weather periods. Thanks to all the parents who contributed and to the volunteer who compiled the list!

1) Bath with toys
2) Punch balloons
3) Giggle ball
4) Swing in doorway.
5) Gift wrapping tissue—rip, crumple, and glue on paper in multicolor collage
6) Play in dark room with flashlights and use toys with colored plastic to make colored lights on wall
7) Stomping on bubble wrap
8) Snow in sink
9) Post it note trails
10) Sensory bin using water beads and small toys
11) Shaving cream on cookie sheet
12) Baking
13) Mini obstacle course, set up things for kids to go over, under, and around. Play follow the leader
14) If child likes to look at family photos, make short montage for child to look at.
15) Indoor trampoline
16) Large exercise stability ball.
17) Kinetic sand
18) Puppets--Hands, socks, paper bags, stuffed animals, etc.
19) Cut out pictures and tape to chopsticks for marionettes or glue to big pieces of posterboard and make a "together" picture and story.
20) Ripping and cutting paper
21) Coloring with crayons and paints
22) Balloons--with or without balloon kit with little pump
23) Playing catch and bouncing balls
24) Bubbles
25) Tents and tubes to crawl through
26) Putting together train tracks
27) PBS for kids and other kids websites
28) Stack wooden blocks to knock down. Different kinds of items make different sounds as they are knocked down. Change items to maintain interest
29) Toddler stacking rings. Roll rings around on floor
30) Some children like toys with wheels. Fold a board game board in half and lean it up against the window seat (or anything low like a child's table or chair) to make a car ramp. Roll cars down the ramp onto floor
31) Set up a marble run and put the marble at the top and enjoy watching it roll down.
32) Perler beads with pegboards